

MODERN PRESCRIBING.

THE PATIENT'S LOT ALSO MUCH IMPROVED.

Large Doses of Nauseating Medicine No Longer Necessary.

Our forefathers did not have such a delightful time, after all. Just think of the round-about way they were obliged to accomplish the many things that were done by us every day almost without thought, by means of modern inventions. Then think of what happened to them when they were sick. Lucky was the man who was not pounced upon by a doctor and often literally bled to death.

That was only a starter of what was soon to follow. Look, deep draughts, brewed from horrible-tasting herbs were continually administered. Remedies without number, each worse than the other, followed quickly. No wonder so many of our ancestors died young. No wonder life insurance statistics show that we come from a short-lived race.

It is in medicine like everything else. The day of barbarism in treatment is nearly over. No longer does the doctor deprive the patient of his very life's blood right at a time when he needs every particle of strength. No longer does he compel the poor sufferer to absorb untold amounts of barks, herbs and mineral solutions right at a time when nature should be left to herself to straighten out what might only be a slight trouble.

The modern physician knows that he can administer the vital principles of his remedies in a concentrated form. You do not find your doctor brewing tea or asking you to chew huge quantities of Cinchona bark where quinine is necessary. No longer does he administer a bolus of opium to deaden pain. Not much. A hypodermic syringe charged with the active principles of opium; morphine does the work better and does not do as much damage for nature to repair.

Right on this line comes news of a recent discovery that will undoubtedly prove to be the most valuable one yet made. It is that of Vinol, which is nothing more or less than a concentrated extract of the active medicinal principles found in the liver of the live cod.

The above explanation is about all that is necessary to give one, in order that he may understand the full value of this discovery. Every one knows the uses for which cod liver oil has been prescribed. Every one knows its objectionable features. Every one realizes that there are many cases of wasting diseases that could have been cured by the use of cod liver oil in its old form, they were absorbing into the system a vast amount of vile-smelling, obnoxious-tasting grease that was absolutely powerless of doing them any good, but were simply taking it because it was a vehicle that conveyed the peculiar medicinal principles that it was the intention of the doctor to give them.

Here is where this new discovery will benefit the world. These principles, separated from the fat and all other unnecessary features, dissolved in a delicious table wine, can now be administered even to the most delicate patient without its being apparent that cod liver oil or anything connected with it is being taken. The greater strength of the new preparation will also enable the patient to receive a greater amount of necessary medicine than was possible to administer before. The consequence will be that the good for which the medicine is desired will be accomplished in a much quicker time. The harm that was formerly caused to stomachs already weakened by disease will be entirely averted, and the result will be that Vinol in but a few years will entirely supersede, as a medicine, cod liver oil in any other known form.

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Wife Follows E footsteps of Golden Rule Jones

What "Golden Rule" Jones did and what his widow is going to do are best told by her, says Frank Boalt for the Scripps-McKee News Association.

An interview with Helen Beach Jones is no more difficult than it was when Mayor Jones lived. The Jones mansion is tall and broad and of hospitable aspect. The lawn is spacious, and on it are many stately oaks branches seem to nod a gracious welcome to passersby.

The doorway of the Jones mansion is wide and the doors swing back almost before one has a chance to touch the button. On the stone door-sill are carved these words:

"A Broad House to Lodge a Friend."

If, when I called at the "Broad House" I expected to find a masculine, eccentric or freakish woman, then Mrs. Jones did not come down to my expectations. For presently there came down the wide stairs and across the hall, toward me, a woman in black, relieved by a touch of white at the neck. Her eyes were blue, set rather far apart, and decidedly friendly. She shook hands like a man—with a gesture as gracious as it was unstudied.

I told her I wanted to know about her plans and herself, and instead she began to talk about her husband. It is a subject of which she never tires. And as she talked, her strong, womanly face lit up with pride and love.

"Mr. Jones had a wonderful personality," she said. "Otherwise he could not have been so successful in making friends of his men in the factories. It may be that I lack that personality, and so may fall in the things I have set out to do."

"Perhaps you are familiar with what he did for the men in his employ, and for their families. The S. M. Jones company has two shops, one many years old, the other recently built. At the old shop is 'Golden Rule' park, where the men hold their meetings every Sunday afternoon in the summer. In the shop is a large hall which is also used for meetings and for entertainments."

"In time, the business grew to such proportions that it became necessary to utilize the space taken up by the park or build a shop elsewhere. The former my husband was unwilling to do."

"So the other shop was built—a model building, I think, well lighted and ventilated, with large grounds around it, and an artificial lake."

"One of the first things my husband did was to shorten the hours of the men from 10 to 8 hours. Then he began to raise wages, especially the wages of unskilled workmen. Skilled workmen get good pay anyway, and every man who is willing to work has a right to a living wage."

"Next he divided \$10,000 in shares in the company among the men, hoping they would hold it and let it increase in value. The experiment was only partly successful, as some of the men sold the shares and spent the money."

"His next experiment was to declare a 5 per cent dividend on the wages of every man. The money was placed in the hands of a board of trustees, made up of employees, to be used for the benefit of all. The fund is still untouched and drawing interest."

"He organized a band in the old shop. He added the dining room feature, where the men can get a square meal for 10 cents. He visited the sick and distressed among the men and their families. He did these things and more because he believed with all his heart that the principles of the Golden Rule should be lived, as well as preached, in the lives of men."

"I am telling you all this because when you know what my husband did, you can understand what I have set out to do."

"Such features as have already been introduced in the shops will be continued—such as the meeting hall and the dining room. As for certain schemes, which I know my husband hoped to introduce, I cannot say now. I must wait until the estate is settled."

"In the meantime, we will hold the regular Sunday afternoon meeting in 'Golden Rule' park. The band plays at these meetings every other week, a chorus of men's voices furnishing the music on alternating Sundays."

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BROWNELL IS GOVERNOR.

President of Senate Will Act During Gov. Chamberlain's Absence.

Hon. George C. Brownell of Clackamas county, president of the senate, is governor of Oregon today, and will continue in that responsible position during the absence of Governor Chamberlain in California, and Secretary of State Dunbar in the East.

Such is the conclusion reached by the perusal of the state constitution, and interviews with some of the state's best legal talent.

Whether he will be called upon to

exercise the duties of the office is not known. He has the power to pardon prisoners, grant reprieves and commute sentences. He could make appointments or remove present officials holding under the governor. He could name his own private secretary, and that individual would draw the salary until removed.

The Salem Journal called up the acting governor by telephone this morning, and inquired if he expected to take up the active work of the office, until the return of the other officials.

He replied: "I do not think so. Un-

less in case of a public emergency it would not be good taste for me to exercise the authority vested in me by the constitution, and I will remain at my office in Oregon City."

Official Trial of West Virginia.

Washington, D. C., Nov. 2.—In naval circles much interest is manifested in the official trial of the armored cruiser West Virginia, which is scheduled to take place today off the Cape Ann course. Those acquainted with her performances on the occasion of her builder's trial are confident that she will come up to all the requirements of the government contract. The ship is of 13,680 tons displacement and is required to make a speed of 22 knots.



Nature, if left alone, will cure for itself; this might have been true at some prehistoric time, but since for ages it has not been left alone, but has been bound down and fettered by the observances and mandates of society, it can no longer care for itself.

At no time does the truth of this appeal to us more strongly than at that period of a woman's life when she is about to become a mother.

Nature must be assisted at this crisis, and for this very contingency

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has been devised that the muscles and tissues imprisoned and weakened as they have been by the dress of our higher civilization, may fulfill without undue suffering and possible lasting harm, the functions for which the Creator intended them.

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